Understanding The Shift

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Channeled from Metatron

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Introduction

This is Metatron, Senior of the Archangels. Etienne asked me to write this book because of the complexity of the topic and the volatility of the energetic landscape. It is much easier for us to observe and adapt to reality from behind the veil. As usual, Etienne is not authorized to edit any of the message, and the message is only spoken as he writes to prevent mental interference.

The objective of this book is to explain the energetic changes that are currently happening on the planet, explain the nature of the veil, explain the reality of spiritual denial, and provide a roadmap to navigate through the changes. It will also provide an explanation to Etienne's Ascension Blueprint energy readings.

It is recommended to take this book with an open mind and to look at it from a beginner's perspective, leaving everything you know on the side, just for the duration of this read. After all, self-realization is a path of unlearning, not a path of accumulation of knowledge. Thus, your knowledge will serve you little in the process of unlearning that this book will take you through.

The Spiritual Veil

The veil is an artificial layer of separation between the spiritual and material worlds. It was originally created 6000 years ago as a layer of defense against invading dark forces. A veil on Mars was also created 230000 years ago. The construction of the veil took away a lot of spiritual advancements and technological wonders from the world, and it prevented worst from happening and was a necessary evil.

Today, the dark forces have been defeated, the planet is going through an ascension process, and the veil must be lifted. The veil generator has very recently been destroyed. The veil is still thick due to spiritual denial and mental development that creates a strong layer of separation between the spiritual reality and the material existence.

As of 2016, not much happened physically in the past several years in spite of all the warnings and threats that people were warned about. Some may attribute that to positive thinking and spiritual development. The truth is less glamorous. The veil of spiritual denial protected us both from positive and negative events. There has been many attempts to create chaos in the world, and the Cabal even tried several times to create a zombie apocalypse using clones and viral viruses. This never worked because the veil of denial would not permit such a thing from happening. The veil of denial also prevented ascension from happening, although many have been waiting for it to happen. This veil has served us well, and now it is time to let it go.

The Lifting of the Veil

The month of September 2016 marked a decisive stepping stone in lifting the veil in preparation for ascension. It started with a double eclipse kick-starting a Mercury retrograde, and the 9th, 18th and especially 27th were the strongest dates of the year based on the science of numerology. September 18th to 27th is where most of it was played.

The energetic shifts of September created a window of opportunity to break through the layers of spiritual denial. It also had to be done, because what doesn't get pierced through in this window of time will linger on for many more years and cause a lot of struggles for many people.

The Juggernaut, or Train of Life, has been burning through the veil of denial throughout September for a period of 3 weeks. On September 27th, Etienne, with the help of a few other incarnate Orion people, pierced a hole through the veil and built a tunnel to anchor the light. Actually, due to the complexity of the work and advanced knowledge required, their future selves built it through time in this very limited time window.

For the most part, millions of Lemurian explosives were packed together to blow up the veil of denial, and although the work was progressing well, it got to a point where even that was barely scratching the veil. Etienne needed to use some sort of energetic nuclear device that was in an ancient Celtic base that was crucial to the Dracos (see The History of the Universe and the Psychic War of End Times). The base was heavily guarded as secret, heavily protected, and contained many energetic weaponries.

This energetic base seems to date back 4 million years. Of the arsenal were 2 energetic nuclear weapons. One was used on a large base in the bottom of the Pacific, and the last nuclear device has been used to pierce the veil. Nuking the veil has definitely left its mark.

The tunnel has been built according to this schema: the flower of peace in the middle representing the flow of life, the flower of life in the middle of the tunnel representing a stable energetic structure of consciousness, strong walls, and a layer of transparency to allow external energies to connect without compromising the energetic structure.

[Schema will be added later]

This drawing appeared as a crop circle in England on August 12th, 2016, and originally came from the planet of Orion.

http://www.cropcircleconnector.com/2016/Ansty/Ansty2016a.html

Spiritual Denial and You

Many ask: what is this spiritual denial? It is a series of beliefs, values and pains deeply ingrained within you that are out of alignment with the true nature of life. If you look at a flower, it grow, it blossoms and it glows. There are no struggles. If you struggle, if your life is less than abundant, if you keep experiencing challenges along the road, either you're doing something right and are facing opposition, and more often, it is because your life is out of alignment and you are getting shaken by the expanding light.

There are many spiritual beliefs that reality is an illusion, or that other factors than you are responsible for your well-being. These create layers of denial of reality. Positive thinking creates a layer filtering reality through rose glasses and creates a layer of denial of reality. There is also a lot of denial around sexuality, money and everything else that has power. You need to claim your own power, not just take it away from others. God will not save you, because he gave you the free will to decide what you create.

The veil of spiritual denial is extremely thick, and often has several layers of self-protecting denial. For that reason, talking about it is fruitless in 90% of cases.

In this context, however, everything you are denying is coming up to the surface to be dealt with. It will keep coming up in ever less subtle ways until resolved, either in this life or in the next lifetime for those who don't make it through.

Generally, telling you what you're in denial of only reinforces the denial, and thus is wasted and ineffective efforts. You must learn to listen and adapt to reality. Reality is asserting itself, with or without you.

Salvation is not a sacred land out there. Salvation lies in adaptation here and now.

The Vortex of Ascension

We're in a period of ascension. That ascension is anchored and facilitated by a solid tunnel piercing the veil, instead of leaving a mess of denial and light fighting each other endlessly. The tunnel cannot be broken and stands as a solid pillar of pure light, and thus should be used as a point of reference. Surrounding the tunnel is a vortex of ascension that creates psychic storms with waves that affect between 60% and 100% of all global energies of the planet. 20% to 80% of the total energies of the entire solar system are also affected by those waves.

As of writing this, only 327000 people on the planet are ready for ascension, only 25 of which are in North America. The rest will go through what is called a backwards ascension. This means they will tumble down the stairs at first as the staircase opens to the sky. Only 8 people in Europe are ready for this. This means heavy chaos is to be expected both in America and in Europe, which will eventually bring an end to the colonial empire and the birth of a new civilization.

Many are already going through heavy challenges, and many are dying. This is just the beginning. This energetic vortex started in September 2016 and won't calm down for at least 18 months. We haven't yet seen any long term effect.

Any form of denial is likely to cause massive challenges. Your experience through it doesn't depend on your thoughts but rather on your attitude. Positive thinking is a form of denial and won't help. What is needed is to listen and adapt.

Adapting to the Changes

The intelligent man and woman will ask: how can I adapt to those changes? How can I be less shaken up by the vortex of ascension?

The first key is adaptation. The second key is alignment. Increase your alignment to God and reduce your resistance. If the wind blows to the north and you're trying to sail east, it's going to be difficult. Follow the direction of the wind and let yourself be carried by it. The worst thing to do is to be stubborn and get in the way of the wind. If a large cyclone blows your city, the last thing you want to do is to open a parachute in the storm.

Is being affected by the vortex a good or bad thing? It is good in that it accelerates your growth, it is bad in that it causes challenges. Some will be more or less affected depending on which environment they are in physically, which environment they are in psychically, and which arena they play in. You get affected in negative ways when you are out of alignment. You get affected in positive ways when you are in alignment. Thus, the direction of the wind should always be used as a reference point.

This wind of ascension also transcends your denial and blind spots and will bring them up in your face. Thus, you should always listen carefully to the signs, as the signs will get less and less subtle. There are large groups of people who will run to their death under bad leadership, and this is inevitable. Detach yourself from groups and learn to think on your own.

Besides increasing your alignment and decreasing your resistance, you want to strengthen your vision and weaken your excuses. You want

to follow the wind and let go of the ideas coming from your ego. You want to increase your integrity and decrease compromises.

Commit your life to serving God and you will be greatly supported in all ways imaginable.

Alignment to God

We've been talking about alignment, and what does it mean? We're talking about alignment with the laws of life itself, or alignment with God, or alignment with the original Source of creation. This is one of the areas that brings the most misconceptions, some of which are even dangerous.

Many believe in a religion among a few popular ones: Christianity, Judaism, Islamism or Buddhism amongst others. Here we should never confuse religion with God. All religions are about God, and God doesn't have a religion. Are you committing to God or are you committing to a religion? If you say everybody should become a Christian, or everybody should become a Buddhist, or everybody should become an Islamist, then you're committed to religion and are committing a sin against God.

Whether God is an intelligent personality of absolute power, or whether God is an impersonal series of laws that dictate the flow of life, is irrelevant to this discussion. What we can agree on is that God is a universal intelligence that orchestrates life in an orderly fashion to promote more growth, more life and more freedom for all and less to none. What we can also agree on is that God never speaks in negatives. If you hear a rule or restriction, that's not coming from God. Instead, God will always redirect you towards a positive and expanding path.

In the case of spiritual denial, God doesn't say "don't be in denial and don't escape reality". No. God smashes through it with absolute love and

openness and, if you survive, it's up to you to adapt and grow in alignment with that love. That's how God works. The forces of nature can be reckless, but they are directed by a greater intelligence that seeks to bring more love and freedom for all. It does so at a certain pace. If Gaia, our mother Earth, was to heal itself instantly and reclaim its power, we'd be wiped out of the surface instantly and nature would take over. The greater intelligence doesn't wish so: we have an important role to play in this Universe.

There is only so much you can repress human nature. Certain religions have sought to suppress sexuality, and it has always turned badly. In the case of Christianity, they sought to guard against sexuality because evil forces would often possess people through it, and it has resulted in the sexual energy surfacing in unhealthy ways, including pedophilia. In the case of Islam, they sought to protect from the lust of sexuality, because it is considered a great evil in the Quran, and in doing so, are committing even greater evil than what they are trying to protect against. With the vortex of ascension, such repression of sexuality is going to cause a lot of hassles, to say the least.

What love, growth and freedom means can be up to interpretation, and where the wind of ascension is blowing isn't. Your misconceptions and areas of denial will come in your face.

All paths of transcendental spirituality will also become increasingly challenging as those escaping reality into Heaven are falling back to Earth like flies. Earth and Heaven are colliding and merging; this is what ascension is all about.

Ultimately, being aligned with God means living your greater purpose, what you're born to do on this planet. That can only be done once you've moved past your own struggles and are in a place where you can help others.

Your relationship to God is through service. Not through love, and not through stillness, but through service. Love and stillness without service

serve no purpose and are wasted energy. When you work, you serve others. When you cook, you serve someone. When someone sells you fruits, they are serving you. When you pay them for their work, you are serving them. When you really look at it, life is all about serving and honoring each other. Through this servitude is born your relationship to God.

Then there are various levels of servitude. There is horizontal service where you commit to serving the people around you, which is usually the case with businesses. Then, there is vertical service where you commit to God and serve as a vessel to achieve something greater than yourself, which also includes horizontally but serving God first and foremost.

Another zone of confusion is what is real and what isn't. One of the best description of the relationship between the material and spiritual world can be found in the book Bhagavad Gita As It Is: "This material world is a reflection of the spiritual world. The material world is but a shadow of reality. In the shadow there is no reality or substantiality, but from the shadow we can understand that there are substance and reality."

Thus, reality is real, but temporary, and it is shaped from within first. After all, all of your thoughts, behaviors and actions come from within, as it is the source of creation.

Beyond this, alignment to God is something you must find on your own, otherwise it becomes intellectual knowledge with no practical use. It is something that must be lived, not only understood.

Ascension Blueprint Explained

With the context being explained, let's get to the Ascension Blueprint energy reading that Etienne does. Such psychic readings can be done via muscle testing or with a pendulum, and Etienne does it in a more advanced way that requires neither (and is faster).

His readings are accurate 99% of the times, although sometimes there can be distortion or he can be accidentally reading the wrong target, such as the wrong person, or misinterpreting something. In most cases, however, he's spot on and disagreements come from denial. Which means: you can either fight with what he says, or you can look in the mirror. You may already be fighting with the mirror anyway.

The first thing he will read is your grounding to the physical world, your connection to stillness, and your connection to the force of life, which forms a triangle between stillness, the force of life and Earth. People tend to fall into either one of these 3 areas while disconnecting from the others, and this will show where your energy is anchored. For this reading, he looks at how wide the energy expands. Wider is better. 3 inches is extremely repressed while to the stars is enlightened. 16 feet is the widest your energy can expand without living a greater purpose; then the purpose serves as a catalyst that amplifies everything and your energy can expand to the sky or even to the cosmos. What is considered good or bad really depends on where you want to be. Many are content with an energy expanding 8 feet, while others have a vision that requires their energy to expand to the cosmos and beyond.

The second thing he reads is your overall energy: how aligned you are with your actions (%), how aligned you are with your being (%), what percentage of your overall energy is affected by the vortex of ascension at the time of the reading (%), although this is very dynamic and can change any minute, and finally what % of your overall energy is in resistance to the vortex of ascension.

Monks practicing transcendental meditation will tend to have a low active alignment and a high passive alignment, while conscious entrepreneurs and leaders will tend to have a high active alignment and a low passive alignment.

As for how much your energy is currently being affected by the vortex, this can either be viewed as good or bad: it accelerates your spiritual growth but causes challenges. Only energies that are out of alignment and in resistance get caught in the vortex, so those who are already in alignment feel no effect other than a huge opening. As a word of advice, stop and listen to the wind, and then follow the wind. Don't get in its way. It can either propel or destroy you, both in a powerful way.

Then, your resistance comes from pain and denial and is the main obstacle you should pay attention to. Resistance and stubbornness can bring great challenges in the current context, as all your resistances will come up to the surface, sometimes all at once, and if you don't listen, the messages will get less and less subtle until you have nothing left to lose. Don't be stubborn.

This is for your overall energy. Then, he will read these 4 same values again for each of your 7 main chakras, which will give more insights as to which areas of your life are more aligned or in more resistance than others.

The first chakra is your roots, located between the legs and behind your genitals. It represents your survival and all the basic aspects of your physical life including your home, family and food.

The second chakra is your sexual chakra, located one inch below the

navel. It represents your sexuality, creativity and drive. It is your primordial force of creation, connection and procreation.

The third chakra is your solar plexus, located where the ribs join in the front of your chest. It represents your inner power, your self-confidence and your ability to resolve conflicts and make things happen.

The fourth chakra is your heart, located… near your heart. It represents love, connection, acceptance and emotional intelligence.

The fifth chakra is your throat. It represents communication, decisions and your path in life.

The sixth chakra is your third eye. It represents intuition, guidance, psychic abilities and your spiritual power of creation.

The seventh chakra is your crown. It represents your connection to oneness, to stillness and to the force of life. It is your connection to the fountain of life.

Each chakra represents a completely different area of your life, and as people tend to be more developed in certain areas than others, seeing which chakras are in alignment and which are out of alignment can provide valuable insights as to what needs adjustments or more attention.

Ideally, the active and passive alignments should be high and the last two numbers should be low. We focus on these measurements because alignment and resistance are the two elements that will dictate your relationship to the vortex of ascension which is being used as a point of reference.

Next, he will look quickly at your relationships: which current relationships serve you and which don't. Often, we are being held back by people who wish us to remain the same, because changing forces them out of their comfort zone. The truth is that as you evolve, you will attract new friends and naturally take distance from certain people. It doesn't mean you have to cut bridges, but it will happen naturally as you grow and it is

perfectly normal. Only in certain cases is cutting a dysfunctional relationship necessary. More often than not, such dysfunctional relationship will break on its own with the energetic shifts.

Next, he will focus into your alignment to have an overview of what that alignment looks like and what needs more attention.

Then, he will focus into your resistances to determine the predominant nature of your resistances and provide additional insights.

Finally, he will provide an overview of what he's perceiving, what requires attention, what steps to take, or anything else that comes up specific to your situation.

He will then perform some distance healing to remove energetic vulnerabilities and leaks from your energy field, both above and below the ground. Veils hide things from you and are often layers of denial. Implants are energetic cords plugging you into collective consciousness or onto others who seek to control you, consciously or usually subconsciously. Portals and energetic fragmentation are holes in your energy field allowing negative energies to come in. Entities are various personalities making you behave in different ways in various circumstances. Demons are destructive entities trying to sabotage and control you. Black magic are curses that make your life harder. Implants in your subtle bodies are another type of implants that affect and distort what you are creating. Etienne may clear any or all of these through distance healing, depending on the intensity of the baggage and your readiness to let them go. During the psychic war, removing these was extremely difficult and required constant work, but with the vortex of ascension, they often go just by blowing on it.

Listen to the Signs

We've said it and will repeat again: be humble and listen to the signs. There is a lot you don't know and don't yet understand, and these things will manifest themselves into your life for you to learn and adapt.

Salvation is not just in surrendering to God, but in being of service to God and especially in adapting to the shifting reality. Ancient texts were written in a different context. We require modern understand of ancient knowledge to navigate through a modern world. Knowledge is about holding onto information. Wisdom is about applying information into your current life.

As we said already, it is more about unlearning than about learning. Every false belief and false paradigm will blow up into your face at some point, so really take some time to rethink what you believe to be true.

Some people use the Bible, the Quran or other scriptures as reference points. Although it helps connect with your spiritual essence, it also tends to have the side-effect of shifting your center away from yourself into a book. These books were written by prophets who listened within themselves, and you must go to the same source to get the original undistorted information: within yourself. If you use external texts as pointers to help you find your own answers within yourself, as you hopefully do with this book, it's fine, but be very wary of believing that anything external holds all the answers. Even if the information is accurate, your connection to God would then be false.

Go Past Freebie Land

Another area that requires special attention, and this will trigger many, is in regards to money. It is extremely important to decide to create a lifestyle that includes money and material possessions. Otherwise, you have no resource to achieve anything and you are a burden to society.

There are many who create the story that they have little to justify jumping from one teacher to another trying to gather everything they can for free, while living a miserable life and being unable to apply any of it.

The danger with such an approach is that you accumulate information instead of even beginning a genuine path of unlearning and self-discovery. You can't take anything in without giving something away. The more information you accumulate in such a way, the harder it will become to begin a genuine path because there is then much more to unlearn.

It is extremely important to find a mentor who understands where you are going and who can bring you there, and it is also extremely important to have fair compensation for the work and guidance, otherwise none of it will work for you. Fair compensation is a crucial aspect of self-realization, for there is no receiving without giving. How often did you get a book for free and applied its teachings into your life? For 99.2% of people, the answer is never. There is a reason for it.

Some religions, such as Buddhism, have a tendency to confuse free with freedom. As a result, many millions of people in India live in spiritual wealth and physical poverty.

Do you remember the earthquake that destroyed Nepal in 2015? There was a planetary energetic grid stabilizing the planet that was rooted in Nepal based on their advanced spiritual knowledge. However, the grid was built on the knowledge of stillness without taking the active force of life into the equation. The grid blew up when Etienne fully opened his Philosopher's Stone, causing a massive earthquake. All partial and mis-balanced knowledge and societies risk suffering a similar fate as the active energies continue awakening.

Money is one area that faces the most denial, and this will continue creating massive challenges, for many are pro-actively creating scarcity in their lives and in the lives of people around them.

If you listen to the signs, you will most likely get messages regarding money and creating a more empowering lifestyle, and being of greater service to the world, and creating leverage for your service.

Roadmap to Freedom

This chapter is for those who are at a place where everything broke down around them, are standing by a cliff, and perhaps saw a few people collapse or even die around them, and who say "OK, I give up. Just tell me what to do."

Take a deep breathe, this message will not be easy to digest for most.

In this space of total surrendering to God, it is a great place to surrender into God as an active force. Just say "God, please show me my life purpose and I will forever be your humble servant."

Say these prayers to your higher self:

"God, I realize I messed up, I realize what I created of my own hands, please show me the way and I will honor and serve you."

"God, if you want me to serve you, you will need to provide me what I need to serve you."

"We're standing on the edge of an old world and a new world, with two financial grids colliding with each other. God, please purge the black magic money from this world and allow the financial grid of consciousness to flow openly into this world."

"I realize I served the people around me in the detriment of God. God, I promise to serve your higher self above anything else, and to put my ego and family needs second."

"God, the Archangels, and anyone listening, I cannot go any further on my own, please take over and carry me forward, for I am of no use on my own."

"I surrender…"

Business Leadership Advice

This chapter is for those who are running businesses and who are running into challenges. The first question you may ask is: how can I be less affected by the vortex and navigate these shifting energies?

The answer is simple: listen and adapt. Increase your alignment and decrease your resistances. Don't be afraid to cut cords and don't hold too much faith in saving which doesn't need to be saved. Listen to the signs. Increase your integrity and decrease your compromises.

You must seek to understand the fundamental nature of the changes that are taking place, and you must adjust your corporate vision to align with the direction of the wind, and it will carry you forward.

The first few to follow any new path will always face opposition and challenges, but it will never be as bad as being hit by the forces of life and seeing everything collapse. Businesses generally follow the path of least resistance, and if you have a little bit of vision, you will realize that opening a new path in the current context will never be as challenging as trying to maintain the current paradigms.

As a fundamental shift, God must come first and money come second. I can guarantee you will either apply this or receive the message in increasingly painful ways. You must understand the source of everything, including the source of money, and commit to serving the greater intelligence for more love, freedom and growth for all.

If you own the business, not everybody may be on-board with your

vision and ideas, but realize that the business you lead will always be a reflection of your own personal energy. As you grow in consciousness, so will your business evolve as a reflection of your own consciousness.

Beyond that, realize that the material business is but a shadow of the spiritual reality. Energies can alter actions, and actions can alter energies, but when actions are taken and energies don't connect, nothing happen. When energies take shape and actions aren't taken, nothing happens either. A vision takes shape into the material world when energies and action connect in the necessary scale.

If you already run a successful business, then you understand the value of mentorship. Make sure you have a mentor who understands the nature of the shifts you are experiencing and who can guide you in navigating through it. Etienne comes to mind, if he's a fit.

Keep this in mind. Etienne's energy work is too powerful to apply on an individual level. It would be like using a flamethrower to light up a cigarette. At the very least, it would make the ascension vortex harder to integrate on someone who isn't ready for such intensity. His focus is in manifesting a higher vision into the physical plane and in doing planetary work, and healing the leaders to be effective channels for such visions. If you are a business leader, this should require no further explanation.

Mentorship Opportunity

Due to the intensity of Etienne's energy work, his focus is mostly on business leaders and visionaries, for there is only so much you can take in before having to give it out in some form or another. There is also a considerable investment that goes with it, and we understand that who needs this help the most are in a limited space to invest.

For this reason, he has brought in one of his long-term students to become a support coach. He also happens to be the reincarnation of Moses. He has tremendous wisdom to share but he's also struggling while recovering his powers and memories at a slow to moderate pace.

He used to turn around in circles in the desert for 40 years, and thus, he's perfectly qualified to talk about spiritual denial and stubbornness.

Jewish people are following the books of Moses, so Etienne asked him about that, and here's what he had to say: "There's not much to do with who is stubborn to believe a certain way, such as how many religion followers are. And only who adapts survives... salvation might actually be adaptation. Rather than fanaticism, or repentance without correction, or dogma and abidance to rules. People seem totally unaware that the true meaning of anything anyone said or wrote, is what that person intended to convey. The message is not what we interpret the language to be, it's not what we believe... it's what the original author wanted to express, period. Nothing else at all. A channeled message's true content is not the words translated by the channeler, it's the original pure intent. And it's not

necessarily what the receiver understands."

"People don't want what they say they want, they want to continue believing as they do. So if they are waiting for a savior, and their faith is all based around that, what they actually want is to continue waiting for a savior. Any savior arriving would be too much for them to handle, having to change and stop that wait; to change what they believe in, what they always did and were taught to do. This is why leadership has changed to a personal requirement. And do you know that people actually wait for Jesus coming again to still be called Jesus, and look like the famous Jesus depictions, do you? Perform the same kind of miracles and all. It's quite a feat to have to fulfill all of that."

Here we recognize the wisdom of Moses in our modern era. He's not perfect but may be the best option to support most of you.

The energy reading comes with a strategy session, so this will bring more clarity as to what would best support you to move forward.

You should have the link to schedule the strategy session in your email, and you can use this link:

https://www.spiritualselftransformation.com/schedule

Summary

Between 2014 and 2016, channelers have had an average of 5 to 15% accuracy which can become very frustrating even to the Archangels. Most only listen to what they want to listen based on their flawed paradigms, and throw everything else straight to the dump.

This book has a channeling accuracy of 99.98%, an accuracy of 99.99997% and a vibration of 95.6 million on the Hawkins Scale. It is a fine piece of channeling that has been finely crafted by the Archangels in its details. It has been entirely written in a single day on October 3rd, 2016, in Chiang Mai, Thailand. Because Etienne is not authorized to edit it beyond proofreading, the editing and publishing process is very quick and straightforward.

Some parts may trigger you, some parts you may disagree with, and we encourage you to be humble and to look deeper within yourself. We are always bringing the focus back to yourself, otherwise we would be wasting everybody's time.

Many people are also being visited by Archangels and other angelic beings on a regular basis, and are receiving doses of awakening energy to the pace they're able to handle it. If you are open to it, just ask for it, and you will receive.

What few angelic beings respond to are those calling out for saviors, for such behavior is discouraged. God gave you free will and thus will not save you. You are the one who must save yourself, and you can't do

so on your own. We live in a world of co-creation and must all support each other.

To this, what will be your next step?

As a homework, pay attention and list every internal reaction and objection you have while rereading this book, for these reactions are pointers to parts of yourself requiring attention.